



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2017

Sporting Excellence in Karate

National Level

Lucy Dalton

This is to certify that Lucy Dalton is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Lucy competed at the highest level of British Karate in 2017 winning the medals and titles listed below:-

Championship Success - 4 Gold 4 Silver 5 Bronze

English National Kyu Grade Championships - 15th January, Sheffield

Silver - Individual Kata

Bronze - Team Kumite

Yorkshire Open Championships - 12th February, Barnsley

Gold - Team Kata

Silver - Team Kumite

Bronze - Individual Kata

Bronze - Pairs Kata

English National Championships - 8th April, Leicester

Gold - Team Kata

Bronze - Individual Kata

British 4 Nations Championships - 27th & 28th May, Sheffield

Silver - Team Kata

British Karate Association Championships - 25th June, Leigh

Gold - Pairs Kata



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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North of England Championships - 22nd October, Sheffield

Gold - Team Kata

Silver - Pairs Kata

Bronze - Individual Kata

Congratulations on your outstanding sporting achievements throughout 2017. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Lucy.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



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